

RECIPE FOR LOVE

Time honoured aphrodisiacs, kept secret by many cultures around the world, are part of our selection of tempting and delicious libido boosting creations.



Asparagus is high in Vitamin E which is considered a sex hormone stimulant. Combine it with celery, which contains androsterone, a powerful male hormone, and the effect can be explosive. **Caesar salad with fresh asparagus and celery** | \$16.0



Pine Nuts have a reputation throughout the Mediterranean as one of the most effective ways to stimulate the libido in both sexes. **Warm Belgian waffles with chocolate and toasted pine nuts** or **bowl of roasted pine nuts** 200gms | \$16.0



Ginger was widely thought to be an aphrodisiac in ancient Europe as it has the effect of relaxing the muscles. **Ginger, banana, strawberry and champagne shots** 150mls x 4 | \$9.0



Oysters have long been known as an aphrodisiac with raw oysters containing phosphorus, iodine and zinc. This combination of elements guaranteed to put you in the mood for love. **15 Oysters** | \$75.0



Ginseng Root is believed by the Chinese to be the 'elixir of life' and commonly consumed, whilst in Korea it is taken to increase the libido. **Ginseng, banana, pineapple, orange, lime and coconut smoothie** 500mls | \$9.0



Chocolate dipped strawberries as well as being delicious, is also a quick source of energy. Scientists believe that chocolate arouses the same feelings that people get when they are in love. **Fresh strawberries covered in fine quality chocolate** | \$12.0



Ginkgo Nuts increase the blood flow in the body, especially in the brain, to heighten of all the senses. **Ginkgo nut brûlée** | \$12.0

Add to the enjoyment of your stay with temptations that combine delicious tastes with the wisdom of the ages. Please call Room Service to arrange.



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All menu items are subject to seasonal availability.
Menu items and prices are correct at time of publishing, but may be subject to change.